

4-H Central District Connections

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March—April, 2010



From my desk to yours: Judy Butterfield, RSA, Central District

Dates to Remember!

- FAE4-HA Prof. Dev. Committee In-service and Mid-Year Meeting—Camp Ocala—April 12-13, 2010
- York Lecture—April 12, 2010
- Central District Symposium—Volusia County—April 29, 2010
- 4-H Day at the Capitol—April 22, 2010
- State 4-H Leader Forum—Camp Ocala—April 23-25, 2010

The Paradoxical Commandments

- People are illogical, unreasonable, and self-centered. *Love them anyway.*
- If you do good, people will accuse you of selfish ulterior motives. *Do good anyway.*
- If you are successful, you will win false friends and true enemies. *Succeed anyway.*
- The good you do today will be forgotten tomorrow. *Do good anyway.*
- Honesty and frankness make you vulnerable. *Be honest and frank anyway.*
- The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds. *Think big anyway.*
- People favor underdogs but follow only top dogs. *Fight for a few underdogs anyway.*
- What you spend years building may be destroyed overnight. *Build anyway.*
- People really need help but may attach you if you do help them. *Help people anyway.*
- Give the world the best you have and you'll get kicked in the teeth. *Give the world the best you have anyway.*

Source: Dr. Kent M. Keith.

Noticing small changes early helps you adapt to the bigger changes that are to come.

Source: Who Moved My Cheese.



The Foundation of the Gator Nation

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F4E4-HA/NAE4-HA Communicator Award Winners Announced!



Congratulations to the following people for their accomplishments in the Communicator Awards

- Educational Piece—Individual—Tim Pelhke, Orange County
- Media Presentation—Team—Megan Brew, Xiomara Diaz, Marion County
- Periodical Publication—Individual—Megan Brew, Marion County
- Personal Column—Gary Thomas, Flagler County
- Promotional Package—Individual—Geraldyn Sachs, St. Johns County
- Educational Piece—Team—Norma Samuel, Natasha Mascaiarelli, Nancy Gal, Megan Brew, Xiomara Diaz

Way to Go Central District!!

Chaperone Best Practices

- Treat each person with respect and dignity and be a team member with other chaperones and staff.
- Encourage youth to participate in all activities.
- Supervise youth during the full event.
- Assist with logistics of event.
- Understand, monitor, and enforce Code of Conduct and member discipline, housing, and health for the event.
- Complete all necessary reports when applicable.
- Review and assist in implementing the risk management plan.
- Division of responsibility at the event:
 - A. Who does what?
 - B. Assign youth to a chaperone
 - C. Schedule sleep and rest times; daily briefings
 - D. Establish a sense of team
- Make sure appreciation is expressed verbally or in writing from the group.
- Collect for appropriate tips as a group.
- Include the bus driver or tour guide in your meals and activities where appropriate.
- Leave any place, bus or building in a BETTER condition than you found it.

NAE4-HA-
October 24-28,
2010, Grand
Arizona Resort,
Phoenix, AZ

Make plans to
attend- registration
will open soon.

Just a reminder to
register on PDEC for
your 2010 in-
services